Exploring Careers in Healthcare and Law

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Agenda for the Session

- Getting to know you
  - Sign-in sheet; provide email to receive this presentation
- Your undergraduate major and career as preparation for professional school in healthcare or law
- Resources and Experiences for Career Exploration
Please introduce yourself...

• Your name
• Current major
  – Minor or certificate?
• Year – 1\textsuperscript{st} year, sophomore...
• Interest in healthcare or law
Majors and Careers

• “Which is the right major?”
  – There isn’t one!
  – “Best” one interests and challenges you!
  – Health professions-
    • Must meet specific science requirements

<table>
<thead>
<tr>
<th>Major</th>
<th>Career</th>
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<tbody>
<tr>
<td>Psychology</td>
<td>Psychiatrist</td>
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<tr>
<td>Drama</td>
<td>Entertainment Law</td>
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<td>Bio-medical Engineering</td>
<td>Orthopedic Surgeon</td>
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<td>English</td>
<td>Primary Care Physician</td>
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<td>Finance</td>
<td>Corporate Law</td>
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Career Exploration Strategies

- Exploring on your own
- Personality/Career Assessments
- Online Resources
- Shadowing
- Volunteering, Internships, and Undergraduate Research
- Informational Interviews
- Building competencies for healthcare and law
Exploring on your own time...

• Variety of Personality/Career Assessments that help you focus on your skills and Interests
  – Career Coaching through ELCE
  – Center for Exploratory Studies
  – Discuss results with a professional!

• Online Resources
  – Occupational Outlook Handbook
  – ExploreHealthCareers.org
  – ABA Legal Career Central- Career Choice Videos
Shadowing

• Why?
  – Learn it it’s *really* what you want to do!
  – Professional schools expect this on applications.
  – Learn about different healthcare and legal environments.
  – Meet professionals –
    • Network! It will lead to more opportunities!
Network to find opportunities!

- Professionals
  - Pre-health: Primary Care Physician or specialist
    - Google Search; doctorsthatdo.org
  - Pre-Law: Local attorney
    - Volunteer on political campaign, Google Search

- Family
- Friends, friends’ families
- Co-workers
- Other students (clubs)
- Volunteer coordinators, other volunteers
- Social Media: Click here for LinkedIn Profile Checklist
Healthcare Exploration through Volunteering, Internships, and Undergraduate Research

- Local, health related volunteer opportunities
- Exploring Health Professions & Internships Courses
- Getting started on research
Exploration of LAW Careers through volunteering, internships, and student organizations

– Explore Academic Internships

– Contact Your State and U.S. Representative
  • The Ohio Legislature website
  • Find your US House representative and Senators

– Volunteer for a Political Campaign

– Check out the law related student organizations at UC
  – Also Check CampusLink: ARJ, Amnesty International
Informational Interviews

• Great option if healthcare practitioner or attorney says “no” to your request for shadowing

• Can lead to more referrals

• See How to Guide
Keeping Track of Your Experiences

• Write it all down!
  – Record contact information, days/times
  – Reflect and write: **Describe, Analyze, Evaluate**
  – Connect to what you’re learning in classes
  – Think about the competencies you recognize
  – Discuss your experiences with others
    • Your academic advisor
    • Career Coach
    • Mentor
Questions?

Thank You!